



Child and Parent Centre  
Dudley Park



# Mealtime Problems

Mealtimes are ideal opportunities for the family to come together and enjoy being with each other. Mealtimes can also be a challenge.

This workshop provides suggestions to help make family mealtimes enjoyable and encourage children in developing good eating habits.



**Date:** Tuesday 7 March

**Time:** 7.30pm to 8.30pm

**Venue:** Online via Webex

(Webex link will be emailed on registration)

**Registration:** Please email [cpcadmin@anglicarewa.org.au](mailto:cpcadmin@anglicarewa.org.au) to register.

Supported by:



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