Enhancing Couple’s Relationships
A two night course for couples

A couple’s relationship today faces many challenges and pressures. This two night course will help you improve your communication skills and deepen the understanding and connection between you. Over two weeks, you will be given the opportunity to explore your relationship, work on areas that need improvement and enhance areas of strength.

During this course you will explore:

- Family of origin issues, exploring the development of expectations and the ways we have learnt to show affection, communicate and deal with conflict
- The different stages of a relationship
- The factors that lead to a strong and lasting relationship, and those that research shows tend to lead to divorce
- How to turn to each other in times of stress, challenge and conflict
- How to accept, manage and celebrate difference
- How to meet each other’s needs and understand your love language

Where:   Relationships Australia, Lotteries House, Anzac Place, Mandurah

When:   Wednesdays 16 & 23 March, 6.30pm to 9pm.

Fee:   $50 per couple ($25 for concession card holders)

Places are limited so book now on 9583 6090

Address   Lotteries House, 7 Anzac Place, Mandurah WA 6210
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Email     Mandurah.Education@relationshipswa.org.au